

### **CAMP STAFF**

Tommy Kaiser, Head Football Coach

### **OFFENSIVE STAFF**

Sam Smith, Offensive Coordinator/QBs

Brad Oden, Offensive Line

Austin McQuary, Wide Receivers

Michael Crocker, Running Backs

Alan Campbell, Tight Ends

Jason Bannahan, Running Backs

### **DEFENSIVE STAFF**

Ryan Sewalt, Defensive Coordinator

Norris Taff, Cornerbacks

Jeff King, Safeties

Gary Van Sant, Linebackers

Tim Dyson, Defensive Ends

Cody McGuire, Defensive Tackles

Troy Chase, Linebackers

Frederick Coleman, Secondary



***Get In The Habit Of SUCCESS!!!***

### **MISSION STATEMENT**

The Tomball Football Freshman Camp's goal is to teach young athletes to become better football players through the use of proper skills and technique and to teach them to become the future leaders of America through hard work, discipline, and sportsmanship.

### **WHEN IS CAMP?**

**AUGUST 3-6, 2009**

(MONDAY—THURSDAY)

**8:00-11:30 AM**

### **WHAT IS THE COST?**

**\$60**

**(\$50 each for multiple family members)**

### **WHAT SHOULD I WEAR/BRING?**

**SHORTS**

**T-SHIRT**

**TENNIS SHOES OR**

**CLEATS (PREFERRED)**

**WATER BOTTLE WITH NAME**

### **Tomball High School**

**Cougar Football**

**30330 Quinn Road**

**Tomball, TX 77375**

**281-357-3047 ext. 3**

**www.tomballfootball.com**

***Get In The Habit Of SUCCESS!!!***

If you have any questions regarding the Tomball Football Freshmen Camp, please contact:

**Alan Campbell**

**Assistant Football Coach**

**281-357-3222 ext. 2324**

**alancampbell@tomballisd.net**

**2009**

## **Tomball Cougar Freshmen Football Camp**

**COUGAR  
FOOTBALL**



**Tomball High School  
Tomball, Texas  
August 3-6, 2009**

\*\*\* Tomball ISD does not carry insurance for summer fitness/recreation programs. Parents will be responsible for any medical expense incurred.\*\*\*

# CAMP SCHEDULE

## MONDAY

**AUGUST 3, 2009**

- 7:30 – 8:15 am Registration
- 8:20 – 8:30 am Welcome/FCA Devotional
- 8:30 – 8:40 am Cougar Stretch
- 8:40 – 9:25 am Offensive Skills
- 9:25 – 9:30 am Water Break—Coach Motivational
- 9:30—10:15 am Offensive Drills
- 10:15—10:20 am Water Break—Coach Motivational
- 10:20—10:50 am Offensive Skill  
Skill-Passing Game  
O-Line-Pass Protection
- 10:50—11:20 am Offensive Team Lift
- 11:20—11:30 am Final Word

## TUESDAY

**AUGUST 4, 2009**

- 8:20 – 8:30 am Welcome/FCA Devotional
- 8:30 – 8:40 am Cougar Stretch
- 8:40 – 9:25 am Offensive Skills
- 9:25 – 9:30 am Water Break—Coach Motivational
- 9:30—10:15 am Offensive Drills
- 10:15—10:20 am Water Break—Coach Motivational
- 10:20—10:50 am Offensive Skill  
Skill-Passing Game  
O-Line-Pass Protection
- 10:50—11:20 am Special Teams
- 11:20—11:30 am Final Word

## WEDNESDAY

**AUGUST 5, 2009**

- 8:20 – 8:30 am Welcome/FCA Devotional
- 8:30 – 8:40 am Cougar Stretch
- 8:40 – 9:25 am Defensive Skills
- 9:25 – 9:30 am Water Break—Coach Motivational
- 9:30—10:15 am Defensive Drills
- 10:15—10:20 am Water Break—Coach Motivational
- 10:20—10:50 am Defensive Team Drills
- 10:50—11:20 am Defensive Team Lift
- 11:20—11:30 am Final Word

## THURSDAY

**AUGUST 6, 2009**

- 8:20 – 8:30 am Welcome/FCA Devotional
- 8:30 – 8:40 am Cougar Stretch
- 8:40 – 9:25 am Defensive Skills
- 9:25 – 9:30 am Water Break—Coach Motivational
- 9:30—10:15 am Defensive Drills
- 10:15—10:20 am Water Break—Coach Motivational
- 10:20—10:50 am Tackling/Turnover Circuit
- 10:50—11:20 am Special Teams
- 11:20—11:30 am Final Word



The Cougar Freshmen  
Football Camp  
is open to all incoming  
9th graders of  
Tomball High School.



For additional information, call:  
Alan Campbell  
281-357-3222 ext. 2324  
or  
Coach Kaiser  
281-357-3047 ext. 3

**Get In The Habit Of SUCCESS!!!**

Tomball Cougar Youth Football Camp Registration Form

Name \_\_\_\_\_ Position \_\_\_\_\_

Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_

Parent's/Guardian's name(s) \_\_\_\_\_

Home Phone ( \_\_\_\_\_ ) \_\_\_\_\_ Work Phone ( \_\_\_\_\_ ) \_\_\_\_\_

PARENT'S E-MAIL \_\_\_\_\_ Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone ( \_\_\_\_\_ ) \_\_\_\_\_

T-Shirt Size (Circle One) S M L XL XXL Make Checks Payable to Tomball High School

Detach and mail registration form along with payment to:

**Tomball Cougar Freshman Football Camp**  
Attn: Alan Campbell  
30330 Quinn Rd.  
Tomball, TX 77375