

2009 TOMBALL HIGH SCHOOL SPEED AND STRENGTH CAMP

BECOME A BETTER ATHLETE!!!

******PREPARE YOURSELF TO COMPETE IN DISTRICT 13-5A******

- Dates:** June 8th – July 16th
Sessions: 4 days a week, Monday – Thursday
- Schedule:** Each session 2 hours in duration
*Morning session beginning at 8 am
*Evening session beginning at 6 pm
** (More sessions added as need arises)
- Participants:** All incoming 9th graders through 12th graders
Both Boys and Girls!!!
- Cost:** 2 Payments of \$75 (Due: June 8th & June 29th)
\$150 total for 6 week program
- Camp Director:** Brad Oden
- Camp Staff:** High School and Junior High Men and Women Coaches

*****REGISTRATION IS OPEN*****

Questions – Contact:

Tommy Kaiser (Asst. AD/Head FB Coach)
Field House Phone: 281-357-3047 ext. 3
E-mail: tommykaiser@tomballisd.net

Questions – Contact:

Brad Oden: Camp Director
Field House Phone: 281-357-3047 ext. 3
E-mail: bradleyoden@tomballisd.net



Register by FAX: 281-357-3051

Register by MAIL: Speed & Strength Camp

30330 Quinn Rd.

Tomball, TX 77375

Deliver to:

Tomball Athletic Office

(Teresa Steely)

Field House, Cougar Stadium

***** Make Checks Payable to Tomball H.S. *****

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Tommy Kaiser (Asst. AD/Head FB Coach)

Field House Phone: 281-357-3047 ext. 3

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*** Tomball ISD does not carry insurance for summer fitness/recreation programs. Parents will be responsible for any medical expense incurred.***

Circle One: **Morning Session** or **Evening Session**

Student Name: _____

Parent Name: _____

Address: _____

City: _____, TX Zip: _____

Home Phone: _____

Work Phone: _____

Cell Phone: _____

Parent's e-mail _____

Grade – Fall 2009 _____ School: _____

Camp Waiver (Parent or Guardian):

_____ Date: _____